

## Kenyan NGO seeks

# Bachelor / Master interns and researchers (m / f)

in the fields:

**Communication, (development) economics, finance,  
(organic) agriculture, forestry, development studies, water  
management / irrigation, business, marketing, (eco) tourism,  
ICT, anthropology or human geography**

### **About Help Self Help Centre**

Help Self Help Centre (HSHC) is a local NGO which was established in Kenya in 1993. Its aim is to enhance the living standard of small-holder farmers in the Mt. Kenya region through capacity building of self help groups. Since its inception, HSHC has supported the formation of more than 280 self help groups whose capacities were strengthened in sustainable agriculture and non-wood forest products.

Recently HSHC shifted its focus to business development among smallholder farmers and started to assist in product development, processing raw materials and marketing the products. An exciting new project is the set up of a new community enterprise – **Horizon Business Ventures**, where oil crops are processed to edible and non edible oils including biodiesel.

### **Assignments**

HSHC runs several projects in the fields of agriculture, forestry, water management and promoting entrepreneurship where interns could support or develop their own research projects. Feel free to contact HSHC to discuss the possibilities for an internship in your field.

Examples of assignments could be:

- Feasibility study on bio-gas or other renewable energies
- Financial projections for the business plan of the community enterprise
- Research on the effectiveness of advocacy campaigns on Natural Resource Management
- Writing a PR strategy, making brochures, improving internal and external communication
- Support with the development of bio-fuel cooking stoves
- Research on wind energy projects
- Product development based on agricultural and forest products
- Improvement of propagation techniques and greenhouse management
- Research on agronomy of sunflower and canola production (improvement of techniques)

- Advise farmers on (organic) sustainable farming practices
- Support with baseline surveys (research)
- Research on (eco) tourism possibilities and small tourism-related industries (souvenirs etc.)
- Research on how HSHC's programmes influence gender (in)equality
- Research on how water availability affects small-scale farmers
- Support with fundraising, e.g. writing proposals or identifying donors
- Etc.

### **Professional support**

HSHC has various staff members with bachelor and master degrees who can support interns in their work and research. In the past 15 years the organisation has hosted many international volunteers and interns and has learned to appreciate their valuable contribution.

We will arrange logistics such as pick-up from the airport, transport to the project site and introduction at our beneficiaries. Accommodation is available on our premises in Naromoru where you can stay in a comfortable guest house with electricity and (hot) running water at a subsidised rate.

### **Security**

The organisation has its base in the village of Naromoru which is in Central Province, about 3 hours north of Nairobi. The nearest larger town is Nanyuki at a distance of about 30 kilometres. In the last years there have been no major security problems in this area.

### **Requirements**

You are welcome to apply for an internship at HSHC if you meet the following requirements:

- You are in the final year of a Bachelor or Master study in one of the following fields: (organic) agriculture, livestock / poultry, forestry, water management / irrigation, business, marketing, ICT, mechanical engineering, development studies, anthropology or human geography;
- You are available for at least 3 months;
- You can work independently;
- You are flexible and can adapt easily to different cultural circumstances;
- You are comfortable to live in a rural environment with limited facilities and leisure opportunities;
- You can show proof of a medical insurance and preferably also baggage insurance;
- You have enough funds to pay for your ticket, visa, insurance, vaccinations, local travel and other personal expenses.

### **More information**

If you're interested in interning at HSHC, please feel free to contact us to discuss your preferences. We can inform you further about the practicalities and the further process.

Please contact Ema Ngugi (admin assistant) at: [info@hshc.or.ke](mailto:info@hshc.or.ke),

On our website you can find more information about HSHC: [www.hshc.or.ke](http://www.hshc.or.ke)